



the Ursa Major Facts

June 17 Night Shift
June 18 Day Shift
DAY 54

SAFETY FOCUS: BACK TO BASICS

As Turnaround progresses, the days start to get long and we all start to get tired and it is easy to lose focus on safety. At this stage of the Turnaround it is essential to re-focus and remember the basics of working safe.

- 1. STAY ALERT** – The more aware a worker is, the less likely he or she is to get hurt. Make sure you know in advance the correct, safe way to do it.
- 2. WEAR THE RIGHT PPE** – gloves, earplugs, safety glasses, hardhats and wristlets are PPE that we should ALL be in the habit of wearing by now, yet many workers are still being seen in the field without them.
- 3. USE THE RIGHT TOOLS** – if you need a hammer, get a hammer. Take the time to get the right tool.
- 4. PRACTICE GOOD HOUSEKEEPING** – do a clean-up of your work area before you start a task and after completing the task. It is okay to say “No! I am not starting this job until the area I am working in is clean and free of potential hazards”.

SAFETY HEALTH & ENVIRONMENT

	Previous 24 Hours	Total to Date	First Aid	Record. Injury
June 17 @ 6:00				
URSA MAJOR				
# Med Center Visits	1	71		
# of Injuries	0	46	38	8
# of Incidents	0	90		
# Shifts Injury Free		0		

URSA MAJOR SAFETY COMMUNICATION

PPE Compliance has dropped dramatically on some work fronts.

Warmer weather makes many of us think of times at the lake, camping, golfing or just spending time with our families, and we may forget. PPE is your last defense to ensure an incident does not stop you from : seeing your family, holding your kids or grandkids, or being away from them in a hospital due to injury.

PPE works, but only when you use it correctly.

Fort McMurray

Tues. Evening Cloudy with showers 19°C Feels like 21	Tues. Overnight Isolated showers 12°C Feels like 12	Wed. Morning Cloudy periods 15°C Feels like 15	Wed. Afternoon Cloudy periods 24°C Feels like 26
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LEADER'S QUESTION TO WORKERS:

What can you do to stay engaged and focused on safety?

R O T A R I P S E R R I A D E I L P P U S A S
E R F A L L A R R E S T H A R N E S S A D F P
S E O S A F E T Y G O G G L E S T B Y M H E P
P P R T E M L E H G N I D L E W O E I E E G E
I P A R A E D N S L A N Y A R D E N S P A D H
R R O T A R I P S E R G N I Y F I R U P R I A
A N E S N P I E E H V S R P S S O S E Y I R Z
T O Y F N O A P A A A O R L T P T D A T N T A
O I E R A O I R S F R O L R T O E R R L G R R
R T P A C C D T E E T P A G O T I A P A P A D
Y C R V R H E T C E R T R B Y E E C L I R C A
P E O S A M Y S C E I G Y O Q T U D U C O L S
R T T T I B U T H V T T N S T P E I G E T A S
O O E E E M I F E I E O E I L E N F S P E C E
T R C L T O I C F F E S R Y Y L C O A S C I S
E P T T N U O R A S L L A P S L A T T S T M S
C D I S L N I S S C B A D N T E P R I O I E M
T N O I T C E T O R P E C A F O F P E O O H E
I A N R H E A D P R O T E C T I O N U V N C N
O H O W D E F S E S S A L G Y T E F A S O E T
N L N E R U D E C O R P K R O W E F A S R C S
S B I O L O G I C A L M O N I T O R I N G I E
F L A M E R E S I S T A N T C L O T H I N G A

ADMINISTRATIVE CONTROLS	HEAD PROTECTION
AIR PURIFYING RESPIRATOR	HEARING PROTECTION
AIR SUPPLYING RESPIRATOR	I.D. CARDS
BIOLOGICAL MONITORING	LANYARD
BODY PROTECTION	PPE HAZARD ASSESSMENT
CHEMICAL CARTRIDGE	RESPIRATORY PROTECTION
COVERALLS	SAFETY BELT
EAR MUFFS	SAFETY BOOTS
EAR PLUGS	SAFETY GLASSES
EAR PROTECTION	SAFETY GLOVES
EYE PROTECTION	SAFETY GOGGLES
FACE PROTECTION	SAFE WORK PROCEDURE
FACE SHIELD	SCBA
FALL ARREST HARNESS	SPECIALTY PPE
FLAME RESISTANT CLOTHING	SUPPLIED AIR RESPIRATOR
FOOT PROTECTION	WELDING HELMET
HAND PROTECTION	WRISTLETS
HARD HAT	

SUDOKU SOLUTION

6	2	3	1	9	4	8	5	7
8	5	4	7	2	6	3	9	1
7	9	1	3	8	5	2	6	4
5	8	6	9	4	1	7	2	3
3	7	2	5	6	8	4	1	9
1	4	9	2	3	7	5	8	6
9	6	7	4	5	2	1	3	8
4	3	5	8	1	9	6	7	2
2	1	8	6	7	3	9	4	5

