



*the*  
**Ursa Major Facts**

**MAY 14, 2014  
DAY 20**

**SAFETY FOCUS: WORKING AT HEIGHTS**

Who needs fall protection equipment? If you said workers building bridges or cleaning office tower windows you would be right. But what about all work at lesser heights, just a few feet off the ground? They should also be protected from falls – which can be every bit as fatal.

The major hazards to consider when working in an elevated position are:

- Falling, and
- Dropping objects onto people below

When is it necessary to work at height, ensure that all precautions are taken to prevent anyone falling, and to prevent anything being dislodged or dropped onto anyone below.

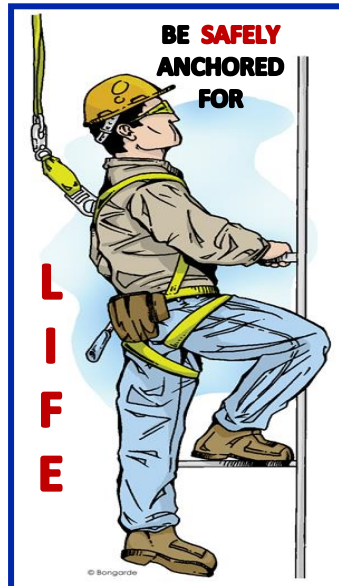
Falls are a common case of both fatal and serious injuries within our industry. Work at heights is safe providing you use a proper means of access and take the necessary precautions to prevent falling.

- Never climb the structure of the plant
- Never use the bucket of a loading shovel, or the forks of a forklift truck as a means of access
- Never work at any place unless there is safe footing, or at any place from which you could fall a distance that could cause harm. Always ensure your scaffold has handrails and toe boards
- Ensure that if you are wearing a safety harness it is attached to a suitable anchor point
- Remember that you must be trained and authorized to wear any harness
- **DO NOT** attempt to operate any form of mobile access platforms unless you are trained and have been authorized to do so

**REMEMBER: There is no safe height to fall from so avoid working at height where possible.**

**SAFETY HEALTH & ENVIRONMENT**

	Previous 24 Hours	Total to Date	First Aid	Record Injury
May 14 @ 6:00				
<b>URSA MAJOR</b>				
# Med Center Visits	2	22		
# of Injuries	0	12	10	2
# of Incidents	1	19		
# Shifts Injury Free		0		
# of Observations	429	5356		
<b>PLT. 8-1 COKER</b>				
# Med Center Visits	0	2		
# of Injuries	0	1	1	0
# of Incidents	0	3		



Congratulations to Marc Mazerelle from B&W. He moved some fire blanket and found two scaffold rails missing from the posts leaving a 19" gap that someone could have fallen through, resulting in serious injury or death. Marc notified the scaffolders and waited at the scene until the scaffold was fixed to ensure that none of his co-workers got injured. Thank you, Marc, for ensuring the safety of all the workforce in the Utilities area!

**WHO ARE WE?**

Please unscramble the clues below

1. NBSSUHDA \_\_\_\_\_
  2. VISEW \_\_\_\_\_
  3. CENIDRHL \_\_\_\_\_
  4. MTOREH \_\_\_\_\_
  5. DGFRSIRILNE \_\_\_\_\_
  6. HFTERSA \_\_\_\_\_
  7. FDONYIRESB \_\_\_\_\_
- ANSWER \_\_\_\_\_

**Fort McMurray**

Clear 22°C  
Feels like 19

Wed. Evening Cloudy with showers 16°C Feels like 15	Wed. Overnight Cloudy with showers 7°C Feels like 5	Thurs. Morning Light rain 10°C Feels like 9	Thurs. Afternoon Cloudy with showers 17°C Feels like 16
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**SCRABBLE RIDDLE SOLUTION  
TOMORROW**