



the Bear Facts

April 29/14
DAY 5

PROTECT YOUR EYES

WHAT'S AT STAKE Safety eyewear and face shields can save you from injuries which can lead to blindness. Prompt treatment of eye injuries reduces the risk of permanent damage.

WHAT'S THE DANGER Your face is at risk from many potential hazards at work. Particles propelled by machinery or dust can injure eyes. Burns or toxic effects from chemicals are another serious hazard. Solvents and corrosive substances cause painful, long-term injuries. How to protect yourself:

Safety glasses: are made of impact-resistant material which can protect you from flying objects. The minimum eye protection required is CSA Standard Z94.3 approved close fitting safety glasses.

Safety goggles: are made to protect you from chemical splashes or impact from flying objects which could damage your eyes. This kind of eye protection is rated according to the type and degree of protection provided.

Shaded eyewear: These protect you from radiation burns. Safety glasses with ultraviolet protection may be required for outdoor work. Welders helmets have special shaded eye pieces, and anyone who works near a welding operation must also wear special shaded glasses to protect against radiation burns to the eye.

Face shields and head coverings: In some types of work, full protection is also required for the head and face. Wire mesh screens attached to hardhats or plastic face shields are examples.

Avoid hazards: Proper arrangement of work equipment and materials helps you stay away from hazards. Machine guards shield you from wood or metal chips. Exhaust systems remove particles from the air. Splash guards help protect you from harmful liquids. Screens keep you away from hazards such as light radiation.

Eye those chemicals: Read the label and material safety data sheet before using any chemical substance. Use safety eyewear as instructed.

Prompt treatment: Learn where the eyewash station is and find out how to operate it. You might need to use it while temporarily blinded by a chemical splash. Always get prompt first aid treatment for any eye injury.

FINAL WORD *You only get two eyes to last a lifetime. Wear your eye protection!*

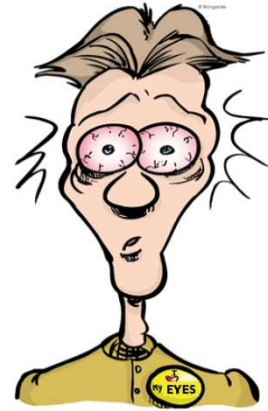
SAFETY HEALTH & ENVIRONMENT

April 29 @ 6:00	Previous 24 Hours	Total to Date	First Aid	Record. Injury
URSA MAJOR				
# of Injuries	2	5	4	1
# of Incidents	1	5		
# Shifts Injury Free		0		
# of Observations	109	548		
PLT. 8-1 COKER				
# of Injuries	0	1	1	1
# of Incidents	0	0		

SAFETY QUOTE

Look at hazardous work through protective eyewear.

It's a shame to experience



Unnecessary eye pain!

GLASSES + SHIELD =



BEST PROTECTION

PPE CRISS-CROSS

Across

5. Binds the cuff.

6. The l's have it. (Two Words)

Down

1. Fits like a ... (plural) (Two Words)

2. Hair covering. (Two Words)

3. Steps of steel. (Two Words)

4. Tailor's Safety Fashions.

YESTERDAY'S PUZZLE SOLUTION

1. Hard Hat 2. Coveralls 3. Glasses 4. Faceshields
5. Earplugs 6. Gloves 7. Boots RIDDLE: What are we?
Personal Protective Equipment
CRISS-CROSS SOLUTION TOMORROW

FEAR, INSTEAD, THE POTENTIAL HAZARDS!



EVERY TIME & EVERYWHERE!

Fort McMurray

Tues. Evening Sunny 15°C Feels like 15	Tues. Overnight Mainly clear 3°C Feels like 1	Wed. Morning Variable cloudiness 7°C Feels like 6	Wed. Afternoon Variable cloudiness 20°C Feels like 20
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