



the Bear Facts

April 27/14
DAY 3

ASSESSING THE HAZARDS

You know that Field Level Risk Assessment (FLRA), when done properly, can help workers spot hazards effectively and avoid getting hurt. But any FLRA program can run afoul of three hidden traps.

Missing the second hazard . . .

It's easy to fall into a one-step, one-hazard, way of thinking. What if there are two or three hazards present within one step. **Suggestion:** Whenever workers spot a hazard, remind them not to skip ahead. Have them keep looking for a second (or third) hazard before assuming the FLRA has been conducted thoroughly.

Ignoring repetitive motion as a hazard . . .

There is one that is harder to spot: extended reach work and repetitive-motion injuries. This kind of arm-reaching puts a lot of stress on shoulders. Repeatedly, one can suffer injury from repetitive motion or from full extension reaching tasks. **Suggestions:** Is there a tool to prevent the posture? Is there another way to do this work? Can the work be redesigned?

Not looking at near misses . . .

Near-misses often get overlooked. Example: A worker is repairing a leaking machine, which leaves slippery spots on the floor. Workers slip, but don't fall. **Suggestion:** In this case, awareness of near misses might show the need to revisit a FLRA to see how to mitigate potential slip and fall hazards.

QUOTE OF THE DAY

A near miss will soon be a hit
If we don't take the time to learn from it.

				4					
2		4	5			6	9		
3			7			8			
1	2		4	9		7			
	8		6		7		4		
				3	1				5
		2			5				9
	5	6			9	3			1
				6					

YESTERDAY'S PUZZLE SOLUTION

"There is no influence like the influence of habit."

Quote by Gilbert Parker

SUDOKU Solution tomorrow.

SAFETY HEALTH & ENVIRONMENT

April 27 @ 6:00	Previous 24 Hours	Total to Date	First Aid	Record Injury
URSA MAJOR				
# of Injuries	0	3	2	1
# of Incidents	1	4		
# Shifts Injury Free	5	5		
# of Observations	N/A	N/A		
PLT. 8-1 COKER				
# of Injuries	0	0	0	0
# of Incidents	0	0		

SIGNIFICANT TURNAROUND & SITE INCIDENT LEARNINGS

On April 23, in the Small Projects area, a Sheetmetal worker was caught between 2 one ton rolls of sheetmetal while rigging to flip the rolls. Worker put his body directly into the "LINE OF FIRE" injuring his knee.

**Have you performed a
Good Quality or Poor Quality**

FIELD LEVEL RISK ASSESSMENT ?

Step 1 – Did you review pre-job checklist to ensure you are ready to work?

Step 2 – Did you accurately list the main job?

Step 3 – Did you identify all the hazards that are specific to the job steps?

Step 4 – Did you document your plan to eliminate or control the hazards?

Step 5 – Did you have each worker review and sign the FLRA?

NOTE: If task or area conditions change, you must STOP, step back and reassess your FLRA to ensure it is still valid.

STOP
&
THINK

One Team – One Goal – One Result
No One Gets Hurt!

Fort McMurray

Current Weather				
Overcast				
6°C				
Feels like 2				
Sun. Evening Mainly cloudy 6°C Feels like 3	Sun. Overnight Cloudy 2°C Feels like 0	Mon. Morning Mainly cloudy 4°C Feels like 2	Mon. Afternoon Mainly cloudy 10°C Feels like 10	Mon. Evening Cloudy with sunny breaks 8°C Feels like 7