

# 2015 OLYMPUS

## REACHING FOR SAFETY EXCELLENCE

### Daily Safety Focus

## WEEKLY HEALTH CHECK

Awareness is your first defense against line of fire injuries. Be alert to changing conditions where the line of fire zone exists. Remind workers to stay clear of hazards by using flagging, pre job debriefing and maintaining effective communication during planning and execution of work.

#### **Things to remember when faced with line of fire hazards:**

- Lifting/Hoisting—never walk under a suspended load, communicate to other workers when entering a lift zone and never put any body part between the load and another object.
- Working At Heights—Establish a drop zone, an area below any work being performed at heights. Keep the drop zone clear of people.
- Spring loaded devices—Springs come in a variety of shapes and sizes and can release tremendous energy if compression and tension are suddenly released.
- Hand Tools—If you must use force when pushing or pulling always look at where you would go if you slip or the tool gave way.
- When working around mobile equipment make sure the operator is aware of your presence and never position yourself between the equipment and another object.
- Cut away from your body, when you must cut towards yourself stand so that if the knife slips it would not hit your body. Always position your second hand above the knife.

It is easy to become complacent with identifying line of fire hazards in tasks we perform repeatedly throughout the day, but its these every day activities that are causing injuries. Take a moment and look at your body positioning before starting any task and ensure you won't get caught in the line of fire.

**LEADER'S QUESTION TO WORKERS:**  
**What can you do to ensure you aren't caught  
in the line of fire?**